

FEATURED ARTICLE

EVERYONE'S
BUSINESS

Chronic Diseases are Everyone's Business!

Are chronic diseases everyone's business? The data shows that nearly 1 in 4 Europeans suffer from a longstanding problem which restricts their daily activities. Many of us will, in later life, get at least one chronic disease: 65% of people over 65 have more than one disease and this number rises to 85% for people over 85.

On 2nd September 2015, we launched our new video on chronic diseases and on how the Joint Action CHRODIS paves the way for better health policies across Europe to improve the well-being of citizens. The video shows what we can and will do to reduce the problem chronic diseases place on individuals' lives and on the society, as well as to improve the well-being of citizens.

> [Check out the new JA-CHRODIS video](#)

41 Good Practices in Health Promotion Identified

JA-CHRODIS published this week a report on Good Practices in health promotion and primary prevention of chronic diseases across Europe. It was developed on the basis of the Joint Action's key objective to facilitate the exchange of good practices in tackling chronic diseases among EU countries and regions.

The report contains 41 good practice examples from 13 partner countries, reflecting a broad thematic range of interventions across the life cycle and for various settings as well as examples of policies and strategies.

> [Access both the full summary report and the annex outlining all 41 good practices.](#)

What are criteria for a good practice?

In order to identify good practice criteria in the area of organisational interventions with a particular emphasis on interventions for multimorbid patients, JA-CHRODIS partners are entering the next phase of the Delphi process. For this, a face-to-face meeting is foreseen on 22nd-23rd October in Brussels, Belgium, and preparations are currently under way. Around 20 European experts are expected to participate in this meeting, which is being led by the Aragon Health Sciences Institute (IACS) from Spain. The criteria will be used by the **Platform for Knowledge Exchange** to assess practices to improve care for multimorbid patients.

If you are interested in the outcomes of the first Delphi process to identify good practice criteria for health promotion and primary prevention, you can find the report [here](#). To find out more about the Delphi methodology, check out our last [newsletter](#).

4th Partners' Meeting of the JA-CHRODIS Type 2 Diabetes Work

The National Institute of Public Health of Slovenia (NIJZ), co-leading the JA-CHRODIS work on **type 2 diabetes**, is organising the fourth partners' meeting of their work strand on 20th-21st October in Ljubljana. The main aim of this meeting is for partners to learn from experts how to translate scientific research findings into policy language and how to produce appealing policy papers. In addition, the meeting will present the work carried out and discuss and get the input from partners and other participants. The discussions will focus on the results from the analysis of National Diabetes Plans. The meeting is expected to intensify activities that will result in the final deliverables of the work.

You are invited!



On 24th-25th November, JA-CHRODIS is organising a conference in Vilnius, Lithuania, entitled **Joining Forces in Health Promotion to Tackle the Burden of Chronic Diseases in Europe**. This conference will provide JA-CHRODIS partners and relevant EU level, national and local policy makers and practitioners with an opportunity to discuss the state of health promotion and primary prevention in Europe and how to move forward the recommendations resulting from the European Union's Reflection Process on Chronic Diseases in this area. The focus will be on how we can learn from each other and work together to strengthen the effectiveness and level of investments in this field.

Upcoming Events

- **22nd September: Final Project Conference EConDA** (Brussels, Belgium)
- **30th September - 2nd October: European Health Gastein Forum** in Forum 2: *Facing multimorbidity: Challenges and responses* (Gastein, Austria)
- **14th October: European Conference on Social Innovations for Healthy and Active Life Expectancy** organised by Innovage (Brussels, Belgium)
- **14th-17th October: 8th EUPHA Conference** with a poster (*Joining forces across Europe to strengthen policies and approaches to prevent chronic diseases*) and in a lunch symposium (*Creating a favourable ecosystem to unlock the potential of integrated personalised diabetes management in Europe*) (Milano, Italy)
- **20th-21st October: JA-CHRODIS 4th Diabetes Meeting** (Ljubljana, Slovenia)
- **22nd-23rd October:** Delphi meeting on organisational interventions (multimorbid patients)
- **27th October: Which Priorities for a European Policy on Multimorbidity? Conference by the European Commission** (Brussels, Belgium)
- **28th October:** Clinical Experts Panel meeting on multimorbidity organised by JA-CHRODIS (Brussels, Belgium)
- **24th-25th November: JA-CHRODIS conference: Joining Forces in Health Promotion to Tackle the Burden of Chronic Diseases in Europe** (Vilnius, Lithuania)

Publications

- "Building on what works": JA-CHRODIS feature in Pan European Network Science and Technology
> [Read more](#)
- JA-CHRODIS Good Practice report in the area of health promotion
> [Read more](#)
- JA-CHRODIS video "Chronic Diseases: Everyone's Business"
> [Watch here](#)
- Global, regional, and national incidence, prevalence, and years lived with disability for 301 acute and chronic diseases and injuries in 188 countries, 1990–2013: a systematic analysis for the Global Burden of Disease Study 2013 (The Lancet)
> [Read more](#)
- Transitioning health systems for multimorbidity (The Lancet)
> [Read more](#)
- The case for investing in public health (WHO Europe)
> [Read more](#)



In Other News...

On 27th October, the European Commission is organising a conference to address the question “Which Priorities for a European Policy on Multimorbidity?” in Brussels, Belgium. Multimorbidity, usually defined as the co-occurrence of two or more chronic conditions in one person, is set to become more prevalent as our populations age.

This conference will provide a unique opportunity for a range of stakeholders to learn about the existing knowledge on multimorbidity from regional models of care to research and decision-making tools. They will also discuss the evidence base to support a change of mind-set from disease-oriented management to patient-oriented care. Graziano Onder from the Italian Medicine Agency (AIFA), who leads the JA-CHRODIS work on multimorbidity, will present their approach and experiences on behalf of the Joint Action.

[> More information](#)

Get involved

info@chrodis.eu

www.chrodis.eu



To stop receiving these emails mail "unsubscribe" to info@chrodis.eu.

Copyright E-newsletter Template