



Health Promotion Study Visits: Apply Now!



The JA-CHRODIS work strand on health promotion has selected six good practices to visit and share experiences among themselves between April and June this year. The main focus of the study visits will be to discuss transferability of good practices among countries and into different settings. Click on the links below to find out more about the respective study visits and access the programmes!

> 19-21 April, The Netherlands - [JOGG \(Young People at Healthy Weight\)](#)

- > 30 April, Germany - **Diabetes Counselling on Wheels**
- > 23-24 May, Portugal - **National Programme on Healthier Eating**
- > 1-2 June, Iceland - **Welfare Watch and National Curriculum Guides on Health & Wellbeing**
- > 23-24 June, Italy - **Lombardy Workplace Health Promotion Network**
- > 28-30 June, UK - **Well London**

Diabetes survey and SWOT analysis on (sub-) national policies and programs

To provide an overview on practices for prevention and management of type 2 diabetes, the JA-CHRODIS team working on this area conducted a survey organised in two phases. The first one was a **survey** among 19 countries providing a structured overview about current programs that focus on aspects of primary prevention of diabetes, identification of people at high risk, early diagnosis, prevention of complications of diabetes, comprehensive multifactorial care, education programs for persons with diabetes and training for professionals. The second phase was devoted to an in-depth analysis of the programs identified in the first phase.

The team also conducted a **SWOT analysis** to give a qualitative overview by country of the current policies and programmes to evaluate the strengths, weaknesses, opportunities, and threats of a policy, a programme, a project or an intervention. A total of 53 stakeholders in 12 Countries contributed to the SWOT reporting and analysis of 39 policies.

Click here to access the two reports:

> **[Survey on practices for prevention and management of diabetes \(Appendix 1\)](#)**

> **[SWOT analysis overview of national or sub national policies and programs on prevention and management of diabetes – Successful strategies](#)**

JA-CHRODIS meets successfully in Madrid in February

In the beginning of February, JA-CHRODIS held a series of meetings. During different sessions, it was discussed how to foster the exchange of good practices and sustain JA-CHRODIS in time. All work package leaders and co-leaders, the **Executive Board** (EB), met on 2nd February discussing various internal and strategic matters. On the 3rd, the EB presented their work to the **Advisory Board** and **Governing Board** respectively receiving fruitful feedback from these experts. The **2nd General Assembly**, involving all Associated and Collaborating Partners of the Joint Action, and the **3rd Stakeholders' Forum** were also held during the week. The plenary and group discussion sessions covered various topics concerning the promotion, use and sustainability of the PKE as well as the transferability and scaling up of practices in the areas of health promotion, multimorbidity and type 2 diabetes.

Evaluation report for the first 18 months of JA-CHRODIS published

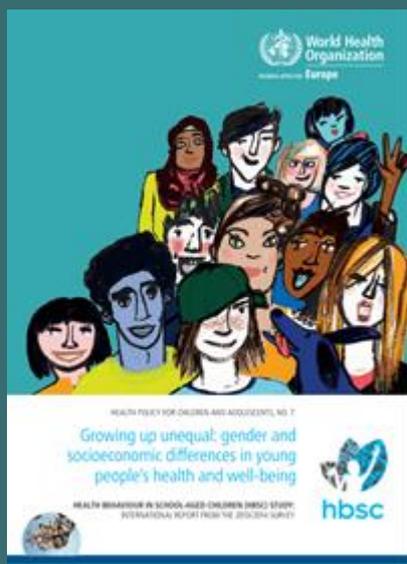
The **Interim Evaluation Report** has assessed JA-CHRODIS for the period of January 2014 to June 2015 and covers various areas: general aims of the project, individual work packages objectives and actions and big events like the General Assembly and Stakeholders' meetings. AQuAS and APDP are leading this area of work for JA-CHRODIS in consultation with the other leaders.

Overall, the monitoring and evaluation of JA-CHRODIS is based on the activities of the Joint Action, its concept as well as the mid- and long-term implementation assessment. While the monitoring of JA-CHRODIS is oriented towards following the activities foreseen in the Grant Agreement and verifying whether its deliverables and milestones are appropriately achieved, evaluating includes the quality of what is achieved and the satisfaction from different stakeholders.

Find the interim evaluation report here!

In other news...

... Health Behaviour in School-Aged Children: New WHO Report Published



Over 80% of 11 to 15-year-olds in Europe and North America report generally high satisfaction with life. But a new report from the Health Behaviour in School-Aged Children Study and the WHO European Office tells us that differences between genders and socio-economic status are having a negative effect on many young people at a critical stage in their development. The new report is based on the 2014 survey, which included almost 220,000 respondents from 42 countries and regions across Europe and North America. The report also finds that by age 15, only 1 in 10 boys and 1 in 5 girls in Europe and North America meet the guideline of 60 minutes of moderate to vigorous physical activity daily. To find out more, click [here](#).

Events

- **31st March: Active Ageing Going Local final conference** (Brussels, Belgium)
- **7th April:** WHO World Health Day focusing on Diabetes this year – JA-CHRODIS launches policy brief on National Diabetes Plans
- **19th-21st April: JA-CHRODIS Health Promotion Study Visit** (Utrecht, the Netherlands)
- **21st April: Chronic Disease Conference** by the European Commission (Brussels, Belgium)
- **21st April:** Roundtable "**Public health issues and creative approaches to engage young people**" (Brussels, Belgium)
- **30th April: JA-CHRODIS Health Promotion Study Visit** (Hanover, Germany)
- **23rd-24th May: JA-CHRODIS Health Promotion Study Visit** (Lisbon, Portugal)
- **23rd-25th May:** 1-hour JA-CHRODIS workshop at the **International Conference on Integrated Care, ICIC**, (Barcelona, Spain)
- **1st-2nd June: JA-CHRODIS Health Promotion Study Visit** (Reykjavik, Iceland)
- **23rd-24th June: JA-CHRODIS Health Promotion Study Visit** (Milan, Italy)
- **28th-30th June: JA-CHRODIS Health Promotion Study Visit** (London, UK)

Publications

- JA-CHRODIS Interim Evaluation Report:
> [Read more](#)
- JA-CHRODIS Overview of (sub-) national policies & programmes on prevention & management of Diabetes (SWOT Analysis)
> [Read more](#)
- JA-CHRODIS Survey of practices for the prevention & management of Diabetes
> [Read more](#)
- Growing up unequal: gender and socioeconomic differences in young people's health and well-being. Health Behaviour in School-aged Children (HBSC) study: international report from the 2013/2014 survey (WHO Europe)
> [Read more](#)
- JA-CHRODIS WP5 Health Promotion at a Glance
> [Read more](#)

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